

What Is N.A Service ?

Being of service in N.A is an expression of our gratitude to the Program of

Narcotics Anonymous. Many of us always wanted to be “a part of something” and we were able to find that in being of service.

Service in N.A gives us a chance to become a part of a fellowship that helps, addicts all around the world stay clean and find a new way of life. Our gratitude speaks when we care and when we share with others the N.A way. One way our gratitude speaks is by carrying the message of recovery to addicts who still suffer.

We usually be of service in N.A by making coffee or tea or cleaning up our rooms after meetings. Serving at a group helps us to attend meetings regularly and experience tells us that those who keep coming back to meetings regularly stay clean. Being of service at the Group level helps to strengthen the very foundation of our recovery because it is possibly the first time when we have done something for others without seeking to profit. We expect nothing in return.

Living Clean states “Service is not a position in a committee, it is a posture in the heart. It’s a way of life we can practice in all our affairs.” As we get some experience serving at the Group level, many of us try ourselves out at a different level of the service structure. For instance area or region, which opens up a whole new set of skills to learn and ways to be of service. We used to be takers but now we are free to be givers. In time we find that we actually receive much more than we could ever give by being of service.

Being of service in N.A is for anyone of us. Service can be expressed by simple words quoted from the Basic Text “Good will is best exemplified in service, proper service is ”Doing the right thing for the right reasons